

## DEBORAH FOLLOWED GOD'S PLAN



## TRANSITION/GROUP TIME

## SNACK

**1s–2s:** Place the snack on the tables.

**3s–5s:** Choose children to help serve the snack. Ask a volunteer to pray.  
Remind the preschoolers to clean their snack areas.

## MOVE TO GROUP TIME

**1s–2s:** Tell the Bible story as the children snack. Then allow the children to play in the room.

**3s–5s:** Lead the preschoolers to march to group time.

## INTRODUCE THE BIBLE STORY

## DEBORAH FOLLOWED GOD'S PLAN—BASED ON JUDGES 4:1-16, 23-24

- Tell the kids to listen to hear what happened when 10,000 men went up the mountain. Open the Bible to Judges 4. Tell the Bible story.

## SUMMARIZE THE BIBLE STORY

(Use words in **bold** for babies–2s; all words for 3s–5s.)

- The Israelite people did not obey God, so God let the Canaanites (KAY nuhn ights) rule over the Israelites. The Israelites prayed to God for help.
- **Deborah was a judge who sat under a palm tree and helped people solve their problems.**
- **God told Deborah that Barak (BAY rak) should fight against the king's army. Deborah told Barak, "God said you are to take 10,000 men and defeat the king's army."**
- **Barak did not want to go unless Deborah went with him. She agreed to go with Barak.**
- **Deborah went up a mountain with Barak and an army of 10,000 men. The king's army came. Deborah told Barak to go down the mountain. God caused the king's army to run away. God helped the Israelites win the battle.**

## REVIEW THE BIBLE STORY

- What was Deborah's job?
- What did God want Barak to do?
- Who helped the Israelites defeat the king's army?

## EMPHASIZE THE LIFE POINT

- Remind the boys and girls that God has a plan for His people.

## LIFE POINT

God has a plan for  
His people.

ROOM

YOUR TEACHING  
PARTNERS

DATE OF USE



**GOD LEVEL OF  
BIBLICAL  
LEARNING**

God tells me to do what  
He says.

## UNIT VERSE

We have good news!  
God keeps His  
promises. Acts 13:32

## WEEKLY VERSE

Love God and always  
do what He says.  
Deuteronomy 30:20

## SING TOGETHER

Sing to the tune of “Are You Sleeping?”:

*We should love God. We should love God.*

*Do what’s right. Do what’s right.*

*We should do what God says.*

*We should do what God says.*

*Do what’s right. Do what’s right.*

## SAY THE BIBLE VERSE

Open the Bible at Deuteronomy 30:20. Say:

“Love God and always do what He says.

Deuteronomy 30:20.” Guide the kids to march in place as they say the verse with you.

## PRAY

Remark that God has a plan for you and me. We can ask God to help us follow His plan. Invite a few kids to pray. Close in prayer.

## BIBLE-LEARNING ACTIVITIES

**Emphasize: God has a plan for His people.**

**1. Lace beads.** Gather large wooden beads, lacing string, and large pop beads. Invite the children to lace the beads. Tell the Bible story as the children lace. Talk about ways we can obey God: obey parents, obey teachers, pray, read the Bible, go to church.

**Adapt for Babies–2s:** Use large pop beads instead of stringing beads.

**Challenge 5s:** Invite children to make patterns with the beads for others to copy.

**2. Paint trees.** Cut a 2-inch wide strip from brown paper for each child. Instruct the boys and girls to glue the strips to their papers to make a tree trunk. Paint the kids’ hands with washable green paint. Guide them to press their hands on the paper to make the leaves of the trees. Tell that Deborah was a judge who sat under a tree and listened to people. She wanted the people to know that God has a plan for His people. Use wet wipes to clean hands.

**Adapt for Babies–2s:** Help each child one at a time make a tree with his handprints. Or let children put tree or palm leaf stickers on paper.

**3. Cook meals.** Guide the preschoolers to pretend to cook meals. Lead them to make up a recipe to follow. Write the recipe down. Encourage them to use the toy dishes and toy food to follow the recipe they developed. Suggest they pretend to eat the meal. Tell that they were following a plan to cook the meal. Remind them that God has a plan for His people to follow. Say that Deborah followed God’s plan to defeat the king’s army with Barak.

**Adapt for Babies–2s:** Play with toy dishes and toy food items.

**4. Play color tag.** Gather different colors of construction paper. Say: “I will show a paper. When I say ‘go,’ find an object in the room that is the same color. Stand beside the item you find.” Encourage the children to move quickly to the objects and stand by them. Let a few children show their items. Review that God caused the army to run away so that God’s people could take the land.

## CLEAN UP

Describe an item in the room that needs to be cleaned up. Urge the kids to guess what you are describing. Lead them to clean up that item. Continue describing things until the room is clean.

## FOLLOW THE LEADER

Instruct the preschoolers to line up in a single file line behind you. Tell them to follow your movements. Move your hands and feet in different ways as you move around the room. Do movements such as marching, skipping, waving your arms, lifting your arms over your head, hopping, clapping, and tapping your head. State that God wants us to follow Him. God has a plan for His people.

## DISMISS

Help the kids gather their papers and belongings. Thank them for coming. Remind the parents to review the Bible story on the Kids Activity Page.