



Intimacy with Jesus

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HOW MUCH
TIME DO
YOU SPEND
ON YOUR
PHONE?

The
POINT ➤

Prayer draws us closer to Jesus as
our hearts align with His.

➤ JOHN 17:1-5,21-26

¹Jesus spoke these things, looked up to heaven, and said, “Father, the hour has come. Glorify your Son so that the Son may glorify you, ²since you gave him authority over all people, so that he may give eternal life to everyone you have given him. ³This is eternal life: that they may know you, the only true God, and the one you have sent —Jesus Christ. ⁴I have glorified you on the earth by completing the work you gave me to do. ⁵Now, Father, glorify me in your presence with that glory I had with you before the world existed.

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²¹May they all be one, as you, Father, are in me and I am in you. May they also be in us, so that the world

may believe you sent me. ²²I have given them the glory you have given me, so that they may be one as we are one. ²³I am in them and you are in me, so that they may be made completely one, that the world may know you have sent me and have loved them as you have loved me.

²⁴“Father, I want those you have given me to be with me where I am, so that they will see my glory, which you have given me because you loved me before the world’s foundation. ²⁵Righteous Father, the world has not known you. However, I have known you, and they have known that you sent me. ²⁶I made your name known to them and will continue to make it known, so that the love you have loved me with may be in them and I may be in them.”



THE BIBLE MEETS LIFE

FACT:

“Ringxiety” is the term used to describe the sense of hearing a phone ring when, in fact, there is no ringing.³ And who hasn’t felt the phantom buzzing in your pocket? Maybe we’re a little too attached to our phones.



LEVELS OF BIBLICAL LEARNING // GOD

God is Creator, all creation is a result of His work, and He created people in His image and as His crowning achievement to enjoy a relationship with Him and reflect His glory.

I have begun to wonder if we own our smartphones, or if they own us. We depend on them for so many things, such as apps for purchases, maps to help us find our way, and endless games to play. Oh, I nearly forgot that we make the occasional phone call. One of the most popular uses of smartphones is to access social media platforms. On average, some 3.2 billion users spend two hours and twenty-two minutes per person on social media every day.¹

It can be difficult to resist the urge to check social media. Research shows that when people give in to that compulsion, their anxiety level rises. Being constantly connected to social networks or answering endless texts makes it difficult for us to log off and focus on the things going on around us in our real lives. People feel obligated to keep checking in—just in case.²

Social media may build bridges between the world and us, but it also puts up walls. Too often we are consumed with our social media profiles, and we miss the most important relationships we have. We miss the joy of spending uninterrupted face-to-face time with friends and family, and we waste the opportunity to really know God.

JOHN 17:1-5

1 How does Jesus’ prayer challenge you?

2 How can we glorify God through prayer?



The purpose of the church's unity is that we would reflect the glory of Christ to the world.
#BSFLSpiritualDisciplines

JOHN 17:21-23

3 How has prayer deepened your relationship with God?

4 Why is unity within the church so important?

5 What are some possible causes of disunity within the church?

JOHN 17:24-26

6 How can you apply Jesus' prayer in your own prayer life?

7 How does prayer shape your view of the world?

8 What are some ways we can help others know and experience the love of God?





LIVE IT OUT

LEVELS OF BIBLICAL LEARNING // GOD

God is Creator, all creation is a result of His work, and He created people in His image and as His crowning achievement to enjoy a relationship with Him and reflect His glory.

God created us to live in relationship with Him, but we brought separation between God and ourselves with our own sin. We were no longer allowed to approach God in worship or prayer. But Jesus, as our great High Priest, has torn the veil and allowed us once again to enter into the presence of God. We live in intimacy with God as we devote ourselves to prayer, sharing ourselves with Him and listening prayerfully to His speaking through His Word.

> CHRIST

Our relationship with Christ depends in a large way on our prayer life.

9 Read Luke 11:1-4.

> Why did the disciples ask Jesus to teach them to pray?

> How could you pray more like Jesus taught us in the Lord's Prayer?

10 Commit this week to healthy prayer. Consider replacing a specific amount of time you might spend on social media or watching TV instead devoted to prayer. How specifically will you pray?

GOD

JESUS

HOLY SPIRIT

BIBLE

SALVATION

CREATION

CHURCH

PEOPLE

FAMILY

COMMUNITY
& WORLD

> COMMUNITY

One of the most important blessings believers enjoy—as well as one of the most powerful testimonies to the world—is the unity of the church.

11 This week, pray specifically for unity in your church. Gather with other Christian friends and spend time in concentrated prayer for unity among believers in your church and around the world.



> CULTURE

12 Pray for God's love to be known. Set an alarm on your smartphone for 3:16 every afternoon, and pray the words of John 3:16 over at least three people who need to know the Lord. Pray for opportunities to share Christ in person or through your social media outlets. Make it a point to share the gospel with the friends you've prayed for.