# A BEGINNER'S GUIDE TO Praying FOR 7



### WEEK 1: Teach Us

God, may you teach us something new today. Teach us something new about ourselves, our family, our world, and about you. God, let today be a day of learning.

#### **PSALMS 71:17**

God, allow the things we learn from Your word to change us. Help us not forget the things we learn, so we can follow you in our future. Guide us to know your best and good for us.

#### **DEUTERONOMY 6:1-2**

Dear Lord, offer us a new adventure today, so we can learn something new about the world you have created. We want to live today with excitement for how much you have blessed us! PSALM 25:4-5

Heavenly Father, thank you so much for saving us. Thank you for being so good and rescuing us from our sins. You give us another option and a better way of living life. **TITUS 2:11-13** 

#### God in heaven, we dedicate this day at school and work to you. We know there are things we face that feel so important and vital. Give us your healthy perspective on them. **JEREMIAH 16:20-21**

God, our teacher, be with our human teachers. We know that you put them in our lives to help us learn. Honor their hard work. Help us be respectful and listen. Thank you for them. PROVERBS 5:12-14

Jesus, I want to remember all the things I have learned from your Word. Like an apple packed away for lunch, may your Words be packed and ready for when I need them in my life.

## WEEK 3: Help Us

Our strong God, thank you for being You. No matter what today brings, there is nothing you can't help us handle. Thank you for keeping us under your protection.

#### **DEUTERONOMY 33:25-27**

Dear God, sometimes we feel weak and powerless, but we know you are strong. Thank you for helping us when we can't help ourselves. Give us wisdom on how to handle today's situations. Allow us to see what you want.

#### **JOB 26:1-3**

God, there are times we are tempted to do the wrong thing or avoid the good thing. Thank you for sending your Son to earth to experience the same struggles we do.

#### **HEBREWS 2:17-18**

Holy Spirit, thank you for hearing us today. When I can't think of the right words, you still know my heart and mind. Help us today to live like you want us to live.

#### **ROMANS 8:25-27**

Lord, our God, we thank you for your protection. We trust you even when we don't know what is going on, because we know you are strong! PSALM 28:6-8

#### Father, people hurt people. I have been hurt and have hurt. Please help those hurts heals, so they do not become the driving force behind my decisions. **PSALM 70:3-5**

Jesus, we believe everything is possible with you. There are times we are going to struggle with remembering we are connected. Help us believe, trust, and remember. **MARK 9:23-25** 

### WEEK 2: Love Us

Praise you, God! Thank you, God! You are so good, and we love you. Thank you for loving us and sending your Son to die on the cross for us.

#### **EZRA 3:11**

God, teach our hearts we are yours because you love us. Remind us that no matter what happens, you will never stop loving us. **PSALM 33:21-22** 

Jesus, we know there are times we choose to go a different direction than you ask. We are so grateful to know your love never changes and goes on forever. Help us to learn love like that. JEREMIAH 31:3

God, we want to live today with your power in our hearts. You offer your power and love like a big fountain. Thank you for the power that rescues us from sins. ROMANS 5:5-8

God, help us be loving and kind to everyone in our family. Remind us to use kind words when we talk to each other and accept responsibility when we don't. JOHN 13:34-35

Jesus, thank you for showing us love. You came, accepted responsibility, and died on the cross for our sins. Thank you, God, for bringing Him back to life. Help us receive this love. I JOHN 4:7-8

God, turn us into people who generously offer love because we know what it is like to be loved. PSALM 115:1-3

# WEEK 4: Forgive Us

Jesus, you have forgiven us by releasing the sin from the sinner. Help us remember and choose to walk away from temptation. When we don't, continue to release and forgive us. MATTHEW 6:9-13

God, thank you for allowing us to be your children and experience salvation through your Son, Jesus. Thanks for forgiving our sins and giving us a fresh start every day. **LUKE 1:76-78** 

God, You call us and let us know what we need to do and how to respond. Allow our hearts to hear what you are saying today. ACTS 2:37-39

God, as we get dressed this morning, remind us of clothing for the soul. Dress us in compassion, kindness, humility, gentleness, and patience for ourselves and others. **COLOSSIANS 3:12-14** 

Prayer is a way to talk with you. We trust in you and believe that whatever we talk to you about, you will answer. Guide  $\leq 26$ us in forgiveness, so it doesn't get in the way of listening to vou. MARK 11:24-26

> Jesus, I know there are things in our lives we can't seethings we have done to hurt others. Help us see those things and ask for forgiveness from you and people we have hurt. **PSALM 19:11-13**

God, there is no one like you. You forgive us for the bad things we do. You are willing to forget our past. You throw all of that stuff into the ocean, never to be seen again. Thank you for being so forgiving, we want to work hard to be just as forgiving as you are. MICAH 7:18-19

# FINAL DAYS: Hear Us

God, open our eyes to the opportunities and blessings for today. Help us see how you provide special gifts. **II CHRONICLES 6:20** 

God, our provider, we call to you and trust you are a conversational God. Help us learn how to hear your voice and how to share our voice with you. PSALM 27:8-11