First Baptist Church Builder

Volume 78 Issue 7

July 31, 2020

FROM YOUR PASTOR

It is well-known that our emotions can have a profound effect on our bodies. And the condition of our bodies can affect our emotions. That is why it is so important to take care of ourselves physically, mentally, emotionally, socially, and most of all, spiritually.

And we really need to be intentional in each of these areas of our health, especially during this time of the Covid pandemic, when we cannot "get out" and go places like we want to.

The relationship between one's emotional, mental, spiritual, and physical well-being is not a modern discovery. In the Old Testament book of Proverbs, we read that "a merry heart does good, like a medicine; but a broken spirit drieth the bones." (17:22), and that the wisdom found in God's words "are life to those who find them, and health to all their flesh" (4:22).

For example, according to a prominent medical researcher, "If thankfulness were a drug, it would be the world's best-selling product with [health benefits] for every major organ system."

Being thankful means simply living with a sense of gratitude—taking time to recognize and focus on the things we have, instead of the things we wish we had. The Bible takes the idea of thankfulness to a deeper level. The act of giving thanks causes us to recognize the One who provides our blessings (James 1:17). David wrote "Oh, give thanks to the Lord! Call upon His name; make known His deeds among the peoples!" (1 Chron. 16:8). But thankfulness is just one emotion or attitude among many that affects our health.

Another example is the relationship between hopelessness and our health. A study published by the American Heart Association points to the negative physical consequences of hopelessness. It essentially said that those who had experienced extreme feelings of despair had a 20-percent greater increase in arteriosclerosis (hardening of the arteries) over a 4-year period. Other studies have also connected hopelessness with heart disease, heart attacks, and even death.

There are so many things that could be said here about how we can take better care of ourselves.

But what about you? What are you doing to take care of yourself physically, mentally, emotionally, socially, and most of all, spiritually?

Focusing on the good things in our lives may benefit our bodies. But a proper relationship to God in Worship and in His Word and in prayer can benefit us spiritually, physically, and emotionally.

This is why active church attendance, interacting with and fellowshipping with other believers, the thoughtful study and meditation of the Word of God, and prayer all add positively to our health in so many ways.

Of course, for right now many of you attend through Facebook and Fox 16. And that is appropriate for many during this pandemic. But for those who are comfortable with doing so, we are continuing to meet in the church sanctuary on Sundays for worship at 11 a. m. We have facemasks available for those who don't bring their own, pews and furniture are wiped down weekly, and disinfectant for Covid is sprayed in our building. But however we attend, it is important to attend and worship in some way.

The central concern of the Gospel is to bring us into a right relationship with God through faith in Christ. Its blessed byproduct is an abundant life rooted in the assurance of our total forgiveness of our sins and eternal life with Christ, along with a health-promoting hope and outlook, knowing that God will work all things together for His glory in the lives of all who love Him.

Just a note to mention that Kelly Jones, campus director of the Arkansas Baptist Children's Home (ABCH) at Monticello, will be our guest speaker on Sunday morning, 9 August. We will also take a special love offering for ABCH at the end of the service. You will love hearing Kelly share the work of this wonderful ministry that First Baptist is a huge supporter of. He and his wife, Joan, have four children, Adam, 16; Nick, 12; Maryjoy, 8; and Brooklyn, 7.

Psalm 95:1, 5, "O come, let us sing for joy to the Lord, Let us shout joyfully to the rock of our salvation... Come, let us worship and bow down, Let us kneel before the Lord our Maker." God bless you and your families. I hope to see you soon. Pastor

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First Baptist Church Builder



Dr. Bryan Bolton, Minister of Music and Children



VBS 2020 has been cancelled.

With the ongoing COVID-19 crisis, the smartest thing we can do, at the moment, is to cancel Vacation Bible School for 2020. We want to keep you and your family safe and healthy. It is disappointing, as we always look forward to VBS, seeing God work in the lives of our kids and through our volunteers, but we are confident

this is the right decision.

This decision was made out of an abundance of caution and a deep desire to love the members of our community the best way we know how, by maintaining physical distancing. During these unprecedented times, we felt it was better to cancel this year. I am truly saddened to have to come to this decision. I was very much looking forward to this event, as I know many of you were.

We are looking forward to the day when we can resume our regular calendar of activities and events. In the meantime, follow us on social media for ongoing updates and new schedules. Thank you for your prayers and your continued support of the FirstKids Ministry. Thank you for understanding.



Choir Rehearsal to Resume!

As we begin working on Christmas music, we will conduct sectional rehearsals in the Choir Room on Wednesday evenings from 6:30 pm. to 7:45 pm. with proper social distancing, wearing masks, etc. We will adhere to the following schedule from August through October:

• Sopranos - August 5, September 9, October 7 Altos - August 12, September 16, October 14

• Tenors and Basses - August 19, September 23, October 21

On November 4, the entire choir will come together to rehearse each week through December. We will meet in the Sanctuary and spread out among the pews. Our first time to sing in worship will be on Sunday, December 6.



Hymn Sing 2020.

The Music Ministry needs your assistance by telling us your favorite hymns. Because of COVID-19, our annual hymn festival has been cancelled and we did not want to abandon the idea all together. We are planning a virtual "hymn -sing" of your favorite hymns on September 27, 2020. Please list up to FIVE hymn titles that have

ministered to you. You can email your list to bbolton@cablelynx.com, or fill in the online form at https://www.fbcpinebluff.org/hymn-sing/, or fill in the insert from the worship guide. Your lists need to be in by August 31, 2020, in order for us to compile your favorites and prepare the "virtual" service.

Deacon of the Week

HORACE GREEN August 2, 2020 JOHN HAYDEN August 9, 2020 DAVID HUTCHESON August 16, 2020 EARL KEATON August 23, 2020 LAWRENCE KENNEY August 30, 2020



"Like" us on Facebook! www.facebook.com/firstpinebluff www.facebook.com/themusicministry

First Record

July 5, 2020

Budget Needs Budget Receipts TV Receipts Capital Needs & Repairs	.\$11,841.60 \$420.00				
Other	\$906.90				
July 12, 2020					
Budget Needs Budget Receipts TV Receipts	.\$11,151.75 .\$13,095.00 \$2,060.00				
Capital Needs & Repairs Other TOTAL	\$969.00				
July 19, 2020					
Budget Needs Budget Receipts TV Receipts	\$8,106.00				
Capital Needs & Repairs Other	\$155.00 \$2,566.00				
TOTAL\$10,944.00					
July 26, 202 Budget Needs	.\$11,151.75				
Budget Receipts TV Receipts	\$110.00				
Capital Needs & Repairs Other TOTAL	\$401.00				

Thank you

Dear church members, I wanted to write a note to tell you how grateful we are at Neighbor to Neighbor for your generous donation. We will use the funds to offset the costs of to-go containers for our daily lunches. Thank you so much for your support.

Sincerely, Pat Tate

SYMPATHY

To Billie Kittler and Renee Kittler, in the loss of his brother and her father, James Kittler, who passed away in Pine Bluff, AR.

To Marc Stratton and family, in the loss of his uncle, Perry Stratton, who passed away in Pine Bluff, AR.

Sunday, August 16, 2020 will be



SUNDAY Undesignated offering will go to Neighbor to Neighbor.

The Deacons' Meeting will be Sunday, August 9 at 4:00 pm.

The Admin. Board will meet Sunday, August 16 at 4:00 pm.

realm^{, Let's} get connected.

Our church is moving to a new kind of church record keeping solution called Realm. It primarily serves the administrative needs of our staff, but it also offers some exciting opportunities to support the way you are involved in our church. Not only will this improve work life for our ministry staff, it will make it easier for our church family to connect with each other, keep up with what's going on, and grow as a connected community of believers.

Everyone in our church gets a unique profile. Your profile contains everything you want people to know about you. Your profile enables you to join a small group, RSVP to events, track your giving, update your contact information, change family details, or replace an outdated family photo.

Groups and classes are an important part of our church, and now you can connect with the people in them throughout the week.

Review your giving history or make new donations online or on your mobile phone. Simply sign in to look over your year-to-date giving, print a contribution statement or make a new one-time or recurring donation. It's always available and kept secure in an easy-to-use online environment.

Your privacy is very important to us. You have complete control over who can see your contact and personal information. Contact information is never public or searchable on the internet. Authorized staff will always have access to your profile information.

I hope you have received your invite from Realm. Please do consider accepting the invite. It is not necessary and completely up to you.



Our website is live and online giving is available again. Listed below are the steps you should follow.

- 1. Click the GIVE button on our church website: www. fbcpinebluff.org
- 2. Click the Give Now button.
- 3. Enter the amount you want to give.

4. Give to the fund pre-selected for you or choose a different fund from the drop-down menu.

- 5. Select a frequency.
- 6. Enter your email address.
- 7. Click CONTINUE.
- 8. Select your account type:
 - Credit/Debit Card
- ACH/Checking Account

Enter your payment information to complete the transaction. You'll receive email confirmation of your gift.

If you choose ACH, be prepared to give the routing number of your bank and the account number.

First Baptist Church Builder

Regular Schedule for Weekly Services

SUNDAY:

9:00 am TV Broadcast on FOX 16 (one week delay). 11:00 am Morning Worship Service

MONDAY:



News from the Pews

STAFF PHONE NUMBERS

Ken Thornton 1-501-425-7097 Bryan Bolton 489-8970





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Deacons 2020

Blasius Awonsan	g 318-278-4208	John Hayden	510-0546
M. H. Bitely	718-3764	David Hutcheson	329-6127
Travis Chisom	489-3881	Earl Keaton	535-6298
Troy Cole	540-7393	Lawrence Kenney	413-2599
	501-944-1236	Lynn King	540-7400
Steve Dalrymple	718-0630	Billy Kittler	550-8910
Larry Daniel	540-7534	Carl Koen	501-626-2854
Tommy Fowler	534-4756	Jim McBurnett	692-8132
Tommy Grace	866-0916	Rodney Rodgers	543-9936
Horace Green	550-3540	Jim Simpson	692-3282

Mr. and Mrs. Benton Griffith McKnight have the honour of announcing the marriage of their daughter Emily Louise to Lay Alexander Daluymple Sunday, July twelfth Two thousand twenty Tirst Presbyterian Church Columbia, Tennessee

Periodicals Postage Paid at Pine Bluff, Arkansas 71601